

Ergebnis – LM 2019 Nehmtener Forst

2019-06-16

H 19 - 34		(3 / 6)		Zeit	Rückstand		
1.	Michael Finkenstädt	Hamburg OL		1:09:34			
	4:29 (4:29)	2:41 (7:10)	2:49 (9:59)	1:20 (11:19)	1:17 (12:36)	5:22 (17:58)	
	14:03 (32:01)	2:55 (34:56)	2:13 (37:09)	4:22 (41:31)	2:14 (43:45)	2:17 (46:02)	
	1:47 (47:49)	2:29 (50:18)	1:54 (52:12)	1:04 (53:16)	0:27 (53:43)	1:37 (55:20)	
	0:56 (56:16)	2:20 (58:36)	3:01 (1:01:37)	2:04 (1:03:41)	1:46 (1:05:27)	1:20 (1:06:47)	
	2:11 (1:08:58)	0:36 (1:09:34)					
2.	Christian Stamer	TSV Preetz		1:18:07	+8:33		
	4:20 (4:20)	3:13 (7:33)	2:55 (10:28)	1:28 (11:56)	1:19 (13:15)	5:27 (18:42)	
	14:35 (33:17)	3:09 (36:26)	2:32 (38:58)	5:03 (44:01)	2:21 (46:22)	3:29 (49:51)	
	1:46 (51:37)	2:38 (54:15)	2:12 (56:27)	1:13 (57:40)	3:40 (1:01:20)	1:47 (1:03:07)	
	1:10 (1:04:17)	2:42 (1:06:59)	3:17 (1:10:16)	2:25 (1:12:41)	2:09 (1:14:50)	1:31 (1:16:21)	
	1:09 (1:17:30)	0:37 (1:18:07)					
3.	Leif Leo Dittmers	OSV Scharbeutz		1:52:08	+42:34		
	6:38 (6:38)	3:48 (10:26)	4:02 (14:28)	2:33 (17:01)	2:23 (19:24)	8:02 (27:26)	
	17:25 (44:51)	4:28 (49:19)	4:05 (53:24)	7:48 (1:01:12)	3:36 (1:04:48)	3:35 (1:08:23)	
	2:04 (1:10:27)	5:06 (1:15:33)	3:21 (1:18:54)	2:32 (1:21:26)	2:47 (1:24:13)	3:34 (1:27:47)	
	1:48 (1:29:35)	5:24 (1:34:59)	4:47 (1:39:46)	5:04 (1:44:50)	3:02 (1:47:52)	2:16 (1:50:08)	
	1:27 (1:51:35)	0:33 (1:52:08)					
D 19 - 34		(4 / 6)		Zeit	Rückstand		
1.	Hanne Fogh (a.K.)	FSK Orientering		58:50			
	2:59 (2:59)	4:18 (7:17)	2:20 (9:37)	1:31 (11:08)	1:27 (12:35)	1:18 (13:53)	
	5:00 (18:53)	7:48 (26:41)	3:17 (29:58)	1:50 (31:48)	5:49 (37:37)	2:30 (40:07)	
	4:16 (44:23)	1:45 (46:08)	3:01 (49:09)	2:28 (51:37)	1:22 (52:59)	0:52 (53:51)	
	2:39 (56:30)	1:40 (58:10)	0:40 (58:50)				
2.	Ieva Grahl	TSV Preetz		1:02:18	+3:28		
	2:49 (2:49)	4:15 (7:04)	2:22 (9:26)	1:28 (10:54)	1:33 (12:27)	1:33 (14:00)	
	5:26 (19:26)	8:02 (27:28)	3:39 (31:07)	2:05 (33:12)	6:48 (40:00)	2:17 (42:17)	
	4:29 (46:46)	1:40 (48:26)	3:21 (51:47)	3:01 (54:48)	1:20 (56:08)	0:52 (57:00)	
	2:58 (59:58)	1:42 (1:01:40)	0:38 (1:02:18)				
3.	Frida Maaß	TSV Nusse		1:56:55	+58:05		
	5:23 (5:23)	7:01 (12:24)	4:07 (16:31)	5:11 (21:42)	3:44 (25:26)	3:19 (28:45)	
	11:39 (40:24)	14:45 (55:09)	6:58 (1:02:07)	3:03 (1:05:10)	11:07 (1:16:17)	4:42 (1:20:59)	
	7:59 (1:28:58)	3:48 (1:32:46)	5:09 (1:37:55)	7:23 (1:45:18)	2:02 (1:47:20)	1:27 (1:48:47)	
	4:24 (1:53:11)	2:57 (1:56:08)	0:47 (1:56:55)				
4.	Svenja Barmwater (a.K.)	ohne Verein		1:58:48	+59:58		
	5:38 (5:38)	6:15 (11:53)	3:43 (15:36)	6:23 (21:59)	8:13 (30:12)	4:46 (34:58)	
	11:00 (45:58)	12:55 (58:53)	4:42 (1:03:35)	3:26 (1:07:01)	9:36 (1:16:37)	3:38 (1:20:15)	
	8:24 (1:28:39)	3:46 (1:32:25)	5:32 (1:37:57)	4:19 (1:42:16)	3:13 (1:45:29)	3:57 (1:49:26)	
	5:53 (1:55:19)	2:31 (1:57:50)	0:58 (1:58:48)				
H 35 - 54		(6 / 7)		Zeit	Rückstand		
1.	Sascha Dammeier (a.K.)	SV Wannweil		57:04			
	1:44 (1:44)	2:00 (3:44)	1:22 (5:06)	0:58 (6:04)	1:15 (7:19)	3:45 (11:04)	
	1:11 (12:15)	1:03 (13:18)	3:20 (16:38)	10:12 (26:50)	1:44 (28:34)	1:56 (30:30)	
	2:12 (32:42)	1:23 (34:05)	3:26 (37:31)	2:08 (39:39)	2:37 (42:16)	2:21 (44:37)	
	3:08 (47:45)	3:42 (51:27)	2:37 (54:04)	1:17 (55:21)	0:57 (56:18)	0:46 (57:04)	
2.	Matthias Taurit	LBV Phönix Lübeck		1:13:09	+16:05		
	2:47 (2:47)	2:29 (5:16)	2:02 (7:18)	1:19 (8:37)	1:36 (10:13)	3:21 (13:34)	
	1:21 (14:55)	1:35 (16:30)	4:05 (20:35)	13:36 (34:11)	2:23 (36:34)	2:22 (38:56)	
	2:40 (41:36)	1:51 (43:27)	4:18 (47:45)	2:29 (50:14)	3:24 (53:38)	3:08 (56:46)	
	3:22 (1:00:08)	6:13 (1:06:21)	3:14 (1:09:35)	1:37 (1:11:12)	1:20 (1:12:32)	0:37 (1:13:09)	
3.	Gert Juul Riis Johansson (a.K.)	OK Pan Aarhus		1:14:39	+17:35		
	2:15 (2:15)	2:23 (4:38)	1:58 (6:36)	1:14 (7:50)	1:32 (9:22)	3:48 (13:10)	
	1:31 (14:41)	1:23 (16:04)	3:58 (20:02)	14:15 (34:17)	2:15 (36:32)	3:00 (39:32)	
	2:59 (42:31)	1:53 (44:24)	4:29 (48:53)	2:29 (51:22)	3:24 (54:46)	3:39 (58:25)	
	3:22 (1:01:47)	5:43 (1:07:30)	3:28 (1:10:58)	1:32 (1:12:30)	1:39 (1:14:09)	0:30 (1:14:39)	
4.	Sergey Yakubov (a.K.)	Hamburg OL		1:27:04	+30:00		
	2:51 (2:51)	2:32 (5:23)	1:55 (7:18)	1:09 (8:27)	1:33 (10:00)	3:38 (13:38)	
	1:26 (15:04)	1:26 (16:30)	8:48 (25:18)	14:44 (40:02)	2:16 (42:18)	2:41 (44:59)	
	3:58 (48:57)	1:53 (50:50)	4:27 (55:17)	9:02 (1:04:19)	3:50 (1:08:09)	3:13 (1:11:22)	
	3:52 (1:15:14)	4:55 (1:20:09)	3:19 (1:23:28)	1:39 (1:25:07)	1:13 (1:26:20)	0:44 (1:27:04)	
5.	Oliver Seifert	TSV Malente		1:34:15	+37:11		
	2:35 (2:35)	4:44 (7:19)	2:24 (9:43)	1:20 (11:03)	1:52 (12:55)	5:12 (18:07)	
	1:29 (19:36)	1:46 (21:22)	6:29 (27:51)	17:09 (45:00)	2:43 (47:43)	3:13 (50:56)	
	5:49 (56:45)	2:25 (59:10)	5:37 (1:04:47)	3:11 (1:07:58)	4:14 (1:12:12)	3:50 (1:16:02)	
	3:40 (1:19:42)	5:55 (1:25:37)	4:38 (1:30:15)	1:48 (1:32:03)	1:22 (1:33:25)	0:50 (1:34:15)	
6.	Thomas Lässig	TSV Preetz		1:51:57	+54:53		
	3:12 (3:12)	5:19 (8:31)	3:03 (11:34)	1:45 (13:19)	2:08 (15:27)	9:56 (25:23)	
	1:50 (27:13)	2:13 (29:26)	6:18 (35:44)	22:16 (58:00)	2:56 (1:00:56)	3:47 (1:04:43)	
	3:15 (1:07:58)	3:18 (1:11:16)	5:58 (1:17:14)	3:45 (1:20:59)	4:33 (1:25:32)	5:42 (1:31:14)	
	3:59 (1:35:13)	6:38 (1:41:51)	5:58 (1:47:49)	1:56 (1:49:45)	1:30 (1:51:15)	0:42 (1:51:57)	
D 35 - 44		(1 / 2)		Zeit	Rückstand		
1.	Maria Schefer	ohne Verein		53:47			
	7:32 (7:32)	4:19 (11:51)	1:48 (13:39)	2:41 (16:20)	3:12 (19:32)	6:22 (25:54)	
	2:57 (28:51)	3:55 (32:46)	3:07 (35:53)	2:37 (38:30)	3:09 (41:39)	2:32 (44:11)	
	3:11 (47:22)	4:11 (51:33)	1:29 (53:02)	0:45 (53:47)			
H 55 - 64		(6 / 7)		Zeit	Rückstand		
1.	Jörg Höfer	TSV Malente		1:13:38			
	3:04 (3:04)	5:49 (8:53)	6:01 (14:54)	5:37 (20:31)	1:53 (22:24)	3:02 (25:26)	
	1:51 (27:17)	10:01 (37:18)	1:52 (39:10)	2:56 (42:06)	2:02 (44:08)	8:23 (52:31)	
	3:55 (56:26)	3:46 (1:00:12)	4:47 (1:04:59)	4:32 (1:09:31)	1:48 (1:11:19)	1:32 (1:12:51)	
	0:47 (1:13:38)						
2.	Björn Hansen	Lübecker Turnerschaft		1:18:10	+4:32		
	3:02 (3:02)	6:09 (9:11)	7:35 (16:46)	6:06 (22:52)	1:32 (24:24)	3:14 (27:38)	
	1:50 (29:28)	10:08 (39:36)	3:35 (43:11)	4:08 (47:19)	2:03 (49:22)	8:09 (57:31)	
	3:48 (1:01:19)	3:33 (1:04:52)	5:28 (1:10:20)	4:04 (1:14:24)	1:42 (1:16:06)	1:24 (1:17:30)	
	0:40 (1:18:10)						

3.	Michael Schwiem (a.K.)	SC Klecken	1:23:25	+9:47		
	2:28 (2:28)	6:18 (8:46)	6:27 (15:13)	12:43 (27:56)	1:54 (29:50)	2:35 (32:25)
	1:34 (33:59)	10:12 (44:11)	2:06 (46:17)	4:00 (50:17)	2:52 (53:09)	7:22 (1:00:31)
	3:32 (1:04:03)	3:20 (1:07:23)	8:01 (1:15:24)	4:19 (1:19:43)	1:39 (1:21:22)	1:26 (1:22:48)
	0:37 (1:23:25)					
4.	Rüdiger Reischuk	Lübecker Turnerschaft	1:34:59	+21:21		
	3:59 (3:59)	8:09 (12:08)	8:30 (20:38)	9:08 (29:46)	2:10 (31:56)	3:45 (35:41)
	2:17 (37:58)	12:11 (50:09)	2:34 (52:43)	3:27 (56:10)	2:20 (58:30)	9:47 (1:08:17)
	4:10 (1:12:27)	6:03 (1:18:30)	6:21 (1:24:51)	5:31 (1:30:22)	2:21 (1:32:43)	1:30 (1:34:13)
	0:46 (1:34:59)					
5.	Matthias Dittmers	TSV Malente	1:57:53	+44:15		
	4:03 (4:03)	7:39 (11:42)	13:06 (24:48)	9:53 (34:41)	1:58 (36:39)	4:50 (41:29)
	2:07 (43:36)	22:24 (1:06:00)	2:33 (1:08:33)	4:11 (1:12:44)	2:54 (1:15:38)	14:16 (1:29:54)
	5:05 (1:34:59)	5:06 (1:40:05)	7:00 (1:47:05)	5:21 (1:52:26)	2:28 (1:54:54)	2:02 (1:56:56)
	0:57 (1:57:53)					
6.	Peter Schmidt	TSV Preetz	1:58:43	+45:05		
	4:08 (4:08)	9:58 (14:06)	11:01 (25:07)	11:48 (36:55)	2:42 (39:37)	4:29 (44:06)
	2:31 (46:37)	14:10 (1:00:47)	3:28 (1:04:15)	7:14 (1:11:29)	3:32 (1:15:01)	13:49 (1:28:50)
	5:36 (1:34:26)	4:32 (1:38:58)	6:17 (1:45:15)	8:15 (1:53:30)	2:17 (1:55:47)	2:04 (1:57:51)
	0:52 (1:58:43)					

D 45 - 64		(8 / 9)	Zeit	Rückstand		
1.	Hilke Andersson	TSV Malente	52:14			
	3:35 (3:35)	3:05 (6:40)	2:40 (9:20)	4:44 (14:04)	3:17 (17:21)	4:43 (22:04)
	5:55 (27:59)	2:52 (30:51)	2:59 (33:50)	4:29 (38:19)	2:44 (41:03)	6:06 (47:09)
	2:08 (49:17)	2:11 (51:28)	0:46 (52:14)			
2.	Johanna Dammeier (a.K.)	SV Wannweil	56:40	+4:26		
	3:20 (3:20)	3:03 (6:23)	2:49 (9:12)	6:29 (15:41)	3:36 (19:17)	4:14 (23:31)
	6:08 (29:39)	3:11 (32:50)	2:50 (35:40)	6:53 (42:33)	4:28 (47:01)	4:56 (51:57)
	1:46 (53:43)	2:13 (55:56)	0:44 (56:40)			
3.	Simona Weber	LBV Phönix Lübeck	1:02:40	+10:26		
	4:03 (4:03)	6:34 (10:37)	4:36 (15:13)	5:42 (20:55)	4:34 (25:29)	6:37 (32:06)
	6:58 (39:04)	3:41 (42:45)	4:08 (46:53)	4:19 (51:12)	3:14 (54:26)	4:27 (58:53)
	1:46 (1:00:39)	1:23 (1:02:02)	0:38 (1:02:40)			
4.	Meike Ackermann	TSV Nusse	1:03:09	+10:55		
	4:06 (4:06)	5:50 (9:56)	3:15 (13:11)	6:14 (19:25)	4:59 (24:24)	4:31 (28:55)
	7:03 (35:58)	3:41 (39:39)	3:16 (42:55)	5:11 (48:06)	4:31 (52:37)	6:09 (58:46)
	2:12 (1:00:58)	1:35 (1:02:33)	0:36 (1:03:09)			
5.	Claudia Leibbrandt	TSV Malente	1:17:50	+25:36		
	4:36 (4:36)	3:47 (8:23)	5:19 (13:42)	8:41 (22:23)	5:17 (27:40)	6:10 (33:50)
	10:57 (44:47)	4:45 (49:32)	4:59 (54:31)	5:47 (1:00:18)	4:14 (1:04:32)	6:48 (1:11:20)
	2:21 (1:13:41)	3:15 (1:16:56)	0:54 (1:17:50)			
6.	Christine Hoffmann	TSV Nusse	1:23:58	+31:44		
	4:54 (4:54)	4:02 (8:56)	4:12 (13:08)	8:57 (22:05)	6:01 (28:06)	7:25 (35:31)
	9:21 (44:52)	5:01 (49:53)	5:18 (55:11)	8:10 (1:03:21)	4:48 (1:08:09)	8:01 (1:16:10)
	3:41 (1:19:51)	2:55 (1:22:46)	1:12 (1:23:58)			
7.	Martina Simon	TSV Preetz	1:39:26	+47:12		
	4:53 (4:53)	4:01 (8:54)	6:29 (15:23)	12:29 (27:52)	6:28 (34:20)	8:26 (42:46)
	13:40 (56:26)	5:03 (1:01:29)	6:01 (1:07:30)	7:31 (1:15:01)	6:11 (1:21:12)	9:38 (1:30:50)
	4:03 (1:34:53)	2:54 (1:37:47)	1:39 (1:39:26)			
8.	Kirstin Kock	TSV Preetz	1:48:30	+56:16		
	7:50 (7:50)	4:48 (12:38)	4:14 (16:52)	8:23 (25:15)	5:39 (30:54)	12:00 (42:54)
	26:19 (1:09:13)	4:57 (1:14:10)	4:53 (1:19:03)	7:06 (1:26:09)	9:37 (1:35:46)	8:16 (1:44:02)
	2:16 (1:46:18)	1:29 (1:47:47)	0:43 (1:48:30)			

D 75		(1 / 2)	Zeit	Rückstand		
	Heidi Dühring	TSV Malente	Fehlst.			
	6:54 (6:54)	4:35 (11:29)	12:45 (24:14)	9:49 (34:03)	6:35 (40:38)	6:47 (47:25)
	- (-)	- (1:16:56)	4:50 (1:21:46)	2:04 (1:23:50)		

D 13 - 14		(3 / 6)	Zeit	Rückstand		
1.	Annika Stamer	TSV Preetz	28:13			
	2:40 (2:40)	4:17 (6:57)	2:39 (9:36)	3:15 (12:51)	2:06 (14:57)	1:58 (16:55)
	2:29 (19:24)	2:41 (22:05)	2:21 (24:26)	3:18 (27:44)	0:29 (28:13)	
2.	Liena Grahl	TSV Preetz	44:21	+16:08		
	4:01 (4:01)	9:39 (13:40)	3:42 (17:22)	5:23 (22:45)	3:16 (26:01)	2:44 (28:45)
	3:40 (32:25)	5:05 (37:30)	2:45 (40:15)	3:35 (43:50)	0:31 (44:21)	
3.	Lotta Dammeier (a.K.)	SV Wannweil	45:58	+17:45		
	3:30 (3:30)	7:08 (10:38)	6:43 (17:21)	4:26 (21:47)	3:55 (25:42)	3:00 (28:42)
	3:40 (32:22)	4:40 (37:02)	3:36 (40:38)	4:46 (45:24)	0:34 (45:58)	

H - 12		(3 / 4)	Zeit	Rückstand		
1.	Gregor Grahl	TSV Preetz	15:44			
	1:41 (1:41)	1:14 (2:55)	2:17 (5:12)	1:13 (6:25)	1:35 (8:00)	1:00 (9:00)
	3:14 (12:14)	2:00 (14:14)	1:00 (15:14)	0:30 (15:44)		
2.	Junes Harlaß	TSV Preetz	27:58	+12:14		
	1:27 (1:27)	9:25 (10:52)	5:51 (16:43)	1:41 (18:24)	1:39 (20:03)	1:02 (21:05)
	3:13 (24:18)	2:07 (26:25)	0:52 (27:17)	0:41 (27:58)		
3.	Jonas Lorek	TSV Preetz	1:06:31	+50:47		
	5:12 (5:12)	2:02 (7:14)	15:48 (23:02)	4:42 (27:44)	6:35 (34:19)	2:21 (36:40)
	18:30 (55:10)	8:06 (1:03:16)	2:35 (1:05:51)	0:40 (1:06:31)		

H65		(4 / 4)	Zeit	Rückstand		
1.	Bjarke Rasmussen (a.K.)	Mariager Fjord OK	1:00:54			
	7:13 (7:13)	4:39 (11:52)	1:42 (13:34)	2:34 (16:08)	3:25 (19:33)	5:14 (24:47)
	2:07 (26:54)	4:01 (30:55)	3:35 (34:30)	2:48 (37:18)	2:02 (39:20)	7:00 (46:20)
	7:37 (53:57)	4:28 (58:25)	1:41 (1:00:06)	0:48 (1:00:54)		
2.	Lars Klode (a.K.)	Herning O-Klub	1:13:43	+12:49		
	10:42 (10:42)	6:22 (17:04)	2:07 (19:11)	3:49 (23:00)	6:00 (29:00)	8:35 (37:35)
	3:23 (40:58)	5:02 (46:00)	3:31 (49:31)	3:29 (53:00)	3:14 (56:14)	3:18 (59:32)
	4:48 (1:04:20)	6:16 (1:10:36)	2:19 (1:12:55)	0:48 (1:13:43)		
3.	Kim Folander (a.K.)	FSK Orientering	1:14:58	+14:04		
	11:21 (11:21)	6:02 (17:23)	2:02 (19:25)	3:27 (22:52)	5:42 (28:34)	7:53 (36:27)
	3:03 (39:30)	5:09 (44:39)	3:57 (48:36)	3:14 (51:50)	7:34 (59:24)	2:54 (1:02:18)
	4:27 (1:06:45)	5:09 (1:11:54)	1:48 (1:13:42)	1:16 (1:14:58)		

4. Peter Grunwald	ESV Büchen	1:16:09	+15:15		
10:37 (10:37)	6:47 (17:24)	2:18 (19:42)	3:51 (23:33)	5:18 (28:51)	10:30 (39:21)
3:19 (42:40)	5:25 (48:05)	4:04 (52:09)	3:18 (55:27)	4:22 (59:49)	3:28 (1:03:17)
3:59 (1:07:16)	5:25 (1:12:41)	2:25 (1:15:06)	1:03 (1:16:09)		

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	(4 / 4)	Zeit	Rückstand		
1. Konrad Stamer	TSV Preetz	43:52			
2:19 (2:19)	2:57 (5:16)	1:34 (6:50)	1:17 (8:07)	0:57 (9:04)	0:55 (9:59)
4:25 (14:24)	5:23 (19:47)	2:15 (22:02)	1:23 (23:25)	5:11 (28:36)	1:53 (30:29)
3:15 (33:44)	1:02 (34:46)	2:20 (37:06)	1:56 (39:02)	0:51 (39:53)	0:37 (40:30)
1:46 (42:16)	1:08 (43:24)	0:28 (43:52)			
2. Kristaps Grahl	TSV Preetz	48:04	+4:12		
2:30 (2:30)	3:46 (6:16)	1:50 (8:06)	1:05 (9:11)	1:09 (10:20)	0:56 (11:16)
4:21 (15:37)	7:37 (23:08)	2:52 (26:00)	1:24 (27:24)	4:40 (32:04)	1:49 (33:53)
3:21 (37:14)	1:10 (38:24)	2:26 (40:50)	2:06 (42:56)	0:51 (43:47)	0:38 (44:25)
1:54 (46:19)	1:19 (47:38)	0:26 (48:04)			
3. Per Dammeier (a.K.)	SV Wannweil	57:54	+14:02		
2:42 (2:42)	3:23 (6:05)	1:53 (7:58)	1:52 (9:50)	1:17 (11:07)	1:36 (12:43)
4:21 (17:04)	7:37 (24:41)	3:52 (28:33)	1:42 (30:15)	6:47 (37:02)	2:37 (39:39)
4:30 (44:09)	1:40 (45:49)	3:05 (48:54)	2:28 (51:22)	1:13 (52:35)	0:47 (53:22)
2:31 (55:53)	1:23 (57:16)	0:38 (57:54)			
4. Samuel Lorek	TSV Preetz	2:28:07	+104:15		
5:39 (5:39)	9:18 (14:57)	4:22 (19:19)	9:57 (29:16)	5:04 (34:20)	6:15 (40:35)
14:24 (54:59)	15:57 (1:10:56)	8:39 (1:19:35)	3:58 (1:23:33)	12:35 (1:36:08)	5:55 (1:42:03)
10:21 (1:52:24)	3:52 (1:56:16)	14:19 (2:10:35)	6:36 (2:17:11)	2:27 (2:19:38)	1:11 (2:20:49)
4:12 (2:25:01)	2:30 (2:27:31)	0:36 (2:28:07)			

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	(1 / 3)	Zeit	Rückstand		
1. Ylva Dammeier (a.K.)	SV Wannweil	26:39			
2:21 (2:21)	1:22 (3:43)	3:38 (7:21)	2:16 (9:37)	2:17 (11:54)	1:36 (13:30)
5:22 (18:52)	5:19 (24:11)	1:45 (25:56)	0:43 (26:39)		

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	(5 / 5)	Zeit	Rückstand		
1. Uwe Andersson (a.K.)	TSV Malente	51:21			
5:42 (5:42)	4:26 (10:08)	6:37 (16:45)	7:13 (23:58)	4:32 (28:30)	4:24 (32:54)
4:07 (37:01)	9:02 (46:03)	3:40 (49:43)	1:38 (51:21)		
2. Horst Mevius	Lübecker Turnerschaft	51:48	+0:27		
9:58 (9:58)	3:55 (13:53)	6:32 (20:25)	7:53 (28:18)	3:14 (31:32)	4:31 (36:03)
4:00 (40:03)	5:09 (45:12)	3:23 (48:35)	3:13 (51:48)		
3. Eberhard Stelzer	TuRa Harksheide	58:44	+7:23		
19:03 (19:03)	3:10 (22:13)	6:25 (28:38)	6:06 (34:44)	3:54 (38:38)	5:06 (43:44)
3:37 (47:21)	5:24 (52:45)	3:13 (55:58)	2:46 (58:44)		
4. Uwe Dühring	TSV Malente	1:02:53	+11:32		
5:32 (5:32)	3:42 (9:14)	6:16 (15:30)	12:15 (27:45)	7:21 (35:06)	4:38 (39:44)
3:51 (43:35)	5:20 (48:55)	3:17 (52:12)	10:41 (1:02:53)		
5. Rudi Taurit	LBV Phönix Lübeck	1:27:39	+36:18		
8:36 (8:36)	13:42 (22:18)	9:44 (32:02)	13:46 (45:48)	7:26 (53:14)	7:07 (1:00:21)
6:27 (1:06:48)	12:31 (1:19:19)	5:52 (1:25:11)	2:28 (1:27:39)		